

talkhealth
PARTNERSHIP

mydryskin
support programme

Living with dry skin and looking for **extra support?**

talkhealth's **FREE** support programme, *mydryskin*, can help. The support programme provides 12 weeks of self-management guidance on how to manage your dry skin, written by medical experts and others with the condition.



Supported by

Eucerin® **Beiersdorf**

Sign up today at talkhealthpartnership.com

Helping you self-manage chronic illnesses & conditions

Our support programmes are written and developed by experts to provide additional support and guidance for the self-management of chronic illnesses and conditions, and include:

