

Does your child have eczema? Do you need some **extra support**?

talkhealth's **FREE** support programme, *myeczemachild*, can help. The support programme provides 24 weeks of self-management guidance on how to manage eczema in those aged 0-17 written by medical experts, with 4 weeks written specifically to engage children.



Helping you self-manage chronic illnesses & conditions

Our support programmes are written and developed by experts to provide additional support and guidance for the self-management of chronic illnesses and conditions, and include:

